

C.G.S. Newsletter

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Dear Reader,

We often notice a familiar pattern: extracurricular activities are the first to be set aside when schedules feel full or when routines feel inconvenient.

A child's growth does not happen only inside classrooms. Learning also happens on the field, on stage, in clubs, rehearsals, competitions and team practices. These experiences build confidence, resilience, discipline, leadership and social skills in ways textbooks never can. Extracurricular activities teach students how to manage time, work through challenges, handle pressure and cooperate with others. These are not 'extra' skills. They are life skills. They are as essential to development as oxygen is to life. They nourish the mind, body and character together.

Each day gives us 24 hours. Ideally, these should be divided into three clear segments: 8 hours of rest, 8 hours of school and the remaining 8 hours thoughtfully shared among meals, self-study, outdoor play, hobbies, family time and extracurricular engagement. When time is structured with intention, balance becomes possible. Being disciplined with time is not restrictive; it is empowering.

What we often see instead is hesitation to step out of comfort zones. Age-appropriate pressure is avoided and unfamiliar commitments feel overwhelming. Yet growth has never happened in comfort. Children need opportunities to stretch, to fail safely, to persist and to discover strengths they did not know they had.

Let us work together to raise confident, capable and well-rounded individuals by encouraging our children to fully engage - not just academically, but wholeheartedly - in all aspects of life.

Eid Mubarak!

Hector Fernandez

RS CONFERENCE, SOUTH KOREA



24 students, (above) accompanied by Ms. Mousumi Akter and Ms Mehzabeen Aziz participated in the RS conference hosted by CheongShim International Academy in South Korea. The event brought together student delegates from around the world to explore the theme, 'A Baraza for Hope in Sustainable Culture,' to explore the intersection of traditional heritage and modern sustainability.



RECENT MIDDLE SCHOOL EVENTS

World Environmental Education Day: Students marked World Environmental Education Day with a focus on water. Classes 3 to 5 took part in engaging, hands-on activities, while Class 8 students presented to Classes 6 to 8, proving that when seniors teach juniors, environmental learning flows from one generation to the next.

IUB-Drishy Inter-School Debate: Class 8 students participated in the IUB-Drishy Inter-School English Debate Workshop and Competition at the Theatre Institute. The students (pictured right) had the opportunity to learn debating skills from experts and gained valuable experience by interacting with participants from other schools. They also made it to the quarter-finals. Congratulations!

Anti-Sound Pollution Awareness: Classes 6 to 8 participated in an engaging Anti-Sound Pollution Awareness Workshop in collaboration with 3CEH, Asian University for Women (AUW).

CLASS 3/4 RS CONFERENCE

Early in Middle School students (above) get to attend a Round Square Conference to enjoy an educational experience that will help them develop life skills. The recent event was an enriching experience filled with inspiring talks, engaging discussions, and exciting theme-based activities. The day concluded with a memorable Day in Pictures, leaving our students inspired, confident, and connected.



LOWER SCHOOL ACP

Lower School students had an amazing Annual Cultural event recently, a group pictured below.



CGS BAYSIDE AUTOCULTURE FEST

For the first time ever in Bangladesh, a school hosted an automotive exhibition. Upper School students (CGS Gearheads Society Club) and alumni showcased vintage and racing cars (below), lifestyle stalls, go-karting powered by Xentro BD. Additionally, the CGS E-sports club brought in video games and die-cast toys. The event was a huge success with media coverage and community engagement.



CALENDAR OF EVENTS	DATE
Koran Surah Classes	1-12.3.2026
SAT Examinations	14.3.2026
Lailatul Qadr*	18.3.2026
Eid-ul-Fitr*	20.3.2026
Independence Day	26.3.2026
Summer Term Commences	29.3.2026